**Template A**

Self-Reflection Reviewing Performance Template

**Core Cardiology Education**

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Reviewing performance includes measures that analyse and reflect on your own work processes such as feedback from peers, colleagues, patients or education events. This category includes formal or informal activities that analyse and reflect on your work performance.

This activity aims for reflection and critical review of the cardiology education session presented by Core Cardiology. Please work through each question. This may be submitted as a “Performance Evaluation” in your CPD home criteria. This document can then be scanned and uploaded to your CPD home.

1. How confident am I in identifying the signs, symptoms and risk factors of coronary artery disease, and how can I improve my ability to detect this condition early?
2. Do I consider left atrial appendage closure device implantation as a possible treatment option when encountering patients at increased risk of stroke? What steps can I take to make this a regular part of my practice?
3. How do I collaborate with cardiology teams to identify potential cases of dyslipidaemia and suspected coronary artery disease that require further evaluation? What strategies can I implement to enhance communication and collaboration in this area?
4. How familiar am I with the role of advanced imaging techniques, such as CT coronary angiography / CT calcium scoring, in the diagnosis of coronary artery disease? What actions can I take to expand my knowledge and successfully integrate these diagnostic tests into my practice?
5. What is my general strategy for escalating antihypertensive treatment in patients who don’t meet blood pressure targets at follow-up, both for those close to their targets and those significantly above? Do I have a specific escalation plan or protocol in place?
6. Considering the strong correlation between long term hypertension, heart failure, coronary artery disease and stroke, how do I assess when a hypertensive patient requires further cardiac investigations?

Reflection Thoughts and Answers: